

# Healthy Eating for £5 or less

## Free Fun For Families



Is your budget tight? Don't know what to feed your fussy little eaters? Need some ideas for a fabulous budget Christmas?

Come and join our 8 weeks program where you and your little ones can learn together.

Every Wednesday from

October 24th to December 12th 4:30-6:30pm



## Coombes Croft Library

### High Road, Tottenham N17 8AG

For more information or to book a place please call Marie on 07415489506 or email your details to [breadlinelondon@gmail.com](mailto:breadlinelondon@gmail.com)

